

I'm a Brute



2011 Brute Squad Postal Swim

TO BENEFIT

Swim the 1650/1500 Freestyle, the 400 Individual Medley and the 200 Butterfly in One Workout or Meet



DATES: November 1-December 31, 2011.

EVENT: 1650 yard (1500 meter) Freestyle, 400 yard/meter IM, 200 yard/meter Butterfly, at one workout or meet.

WHO: Any 2011 or 2012 USMS registered swimmer.

SPONSOR: Team Fort Collins. Recognized by Colorado Masters Swimming (COMSA) for United States Masters Swimming Inc. (USMS) recognition number 32-11-16-P.

QUESTIONS: Visit: www.BruteSquadSwim.com

LOCATION:

Fitness/participation division, any pool.

Competitive division, any short course yards or short course meters pool. *All times will be converted to yard times by the Brute Squad staff.*

RESULTS: Posted at www.BruteSquadSwim.com by January 25, 2012. Printed results will be mailed if noted on the entry form.

SHIRT DESIGN: Will be posted at www.BruteSquadSwim.com by November 1, 2011

Fitness/Participation Division

RULES: Swim the 1650 yard (1500 meter) Freestyle, the 400 yard (meter) Individual Medley, and the 200 yard (meter) Butterfly all in one day. **Events can be swum in any order with as much rest between as desired, all three events must be swum in the same 24 hour day.** • All swimmers must be USMS registered for 2011 or 2012, a copy of the USMS registration must be included with all entries.

SCORING: All swimmers will receive one point for participating in the event. This point will count toward the club participation award.

AWARDS: Satisfaction of a job well done—not every one can swim these three events! • Points will be tallied for a club participation award. The club with the most swimmers completing the three swims wins the club participation recognition and bragging rights.

Competitive Division

RULES: Swim the 1650 yard (1500 meter) Freestyle, the 400 yard (meter) Individual Medley, and the 200 yard (meter) Butterfly all in one day. **Events can be swum in any order with as much rest between as desired, all three events must be swum in the same 24 hour day.** • 2011 USMS rules govern these events. • Drafting, flotation and propulsive devices (pull buoys, fins, paddles, wetsuits, etc.) are not permitted. • No more than two swimmers per lane, with each swimming on one side of the lane during the entire swim (i.e., no circle swimming). • Swimmers are on their honor to swim each event as indicated in the USMS Rule Book—no one armed Butterfly or fins. • Each swimmer must have a counter/timer to record cumulative splits to the nearest minute, second and tenth for each event. Split sheets must be included with the entry. • Swimmers who change age groups during the meet may enter twice, and must swim twice (once in each age group). Only pay once unless you want two shirts. • All swimmers must be USMS registered for 2011 or 2012, and include a copy of their USMS registration with their entry. Brute squad swims will not qualify for top-ten consideration unless swum at a USMS sanctioned meet with officials present.

TIME CONVERSION: Meter times will be converted to yard times using a common conversion formula.

SCORING: Swimmers will be competing in USMS age groups for short course yards (18-24, 25-29, etc). • The sum of the times for each of the events will determine placing. All swimmers will receive one point for participating in the event. • Points will be given for first through third place in each age group, with points going towards club scoring. The 3 clubs with the top scores will be awarded a certificate and bragging rights.

AWARDS: First through third place ribbons will be mailed to swimmers who earn the recognition.

Postmarked by: January 6, 2012
to be received no later than January 11

Mail to: Team Fort Collins
Attn: Brute Squad
PO Box 1808
Fort Collins, CO 80522

Entry Fees: \$25.00 with bright red long sleeve t-shirt
\$40.00 with bright red zipper hoodie

Checks payable to: Team Fort Collins

Questions: Contact Doug Garcia
info at brutesquadswim.com
970-672-8011 (before 9 pm MST)
www.BruteSquadSwim.com

Swimmer Information (PLEASE PRINT CLEARLY)

Name _____ Male Female

Please send me a printed copy of the results via the mail

Birth date _____ Age _____ Date of swim _____

Address _____ City, State, Zip _____

Phone number _____ Email address _____

USMS # _____ USMS Club (on your USMS Card) _____

Competitive division, either 25 yard pool, or 25 meter pool Fitness Division (competitive and non-competition length pools)

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC, THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition I agree to abide by and be governed by the rules of USMS.

Swimmers Signature _____ Date _____

Payment & Processing

Long Sleeve T-Shirt \$25.00 Hooded Zippered Sweatshirt \$40.00

Circle shirt size S M L XL XXL (unisex sizes)

Amount enclosed: _____

Checks payable to: Team Fort Collins

Deadline: Postmarked no later than January 6, to be recieved no later than January 11.

Mail to: Team Fort Collins
Attn: Brute Squad
PO Box 1808
Fort Collins, CO 80522

Questions: Contact Doug Garcia
douggarcia@usms.org
970-672-8011 (before 9 pm MST)

Posting Date: Results will be tabulated and posted by January 25, 2012

Shipping Date: Shirts and ribbons will be mailed by February 10, 2012

Coaches/Captains: If you would like shirts, ribbons and printed results shipped to your address for distribution, please indicate on a separate sheet of paper the names of the people you would like included in the package.

Your shipping address:

Counter/Timer Information (PLEASE PRINT CLEARLY)

Name _____ Signature _____

Phone Number _____ Email address _____

1650/1500 Freestyle	600	1200	200 Butterfly	400 Individual Medley
50	650	1250	50	50 Fly
100	700	1300	100	100 Fly
150	750	1350	150	150 Back
200	800	1400	200	200 Back
250	850	1450		250 Breast
300	900	1500		300 Breast
350	950	1550		350 Free
400	1000	1600		400 Free
450	1050	1650		
500	1100			
550	1150			

**Times needed for competitive entries only.
Submit meet results if swam as part of a swim meet.**